

## Let me **HOWL**



**A story of triumph, through spoken word and acoustic blues.**

**poetTess**, an award winning writer is back **in person** with her truly unique performance about absence and acceptance.

Featuring Tess (a Psychotherapist) and Tom Adams (blues musician), **let me HOWL** offers an enriching insight into a story of shocking tragedy and triumphant gain, but this show is also about you, about finding the strength you didn't know you own. Tess's profound writing and choice of short stories/poems that narrate a personal journey could easily apply to any of us who experience trauma and are seeking a path to healing. **let me HOWL** is a celebration of life and resilience, the gifts one can discover in tragedy.

**In defeat she learned to fly. You can too**

**poetTess** delivers her seamless blend of poetry and prose with passion and panache. Her words are complemented by the acoustic notes of Tom's blues, resonating and reflecting the mood of each piece, and rooted in the deep south Delta-blues sound associated with hard times and a determination to make things better.

This performance offers a fascinating intertwining of loss and redemption: initial fears and anxieties conjured by the poem "Caving" give way to feelings of purpose and resilience, offering renewed hope to others who may have been there or may be experiencing loss/trauma/PTSD.

Raw slide guitar during "Baby Shower" beckons goose-bumps while the audience digest the intense tragedy of the lyrical prose that has just been delivered. Anger and resentment in "Hell's Kitchen" opens up to a more upbeat "Miracle of Miracles" depicting a path from despair to one of acceptance, love and meaning.

There is much enrichment to be gained from **let me HOWL** with Tess and Tom's verbal and musical finesse providing personality and character associated with real events. Whether you identify with their story, or are indeed seeking your own redemption, you're sure to enjoy the opportunity to see and hear this couple's experience and insights in the intimate ambience of The Wee Tap.

### Tickets

**Dates:** 23 – 29 August 2021  
**Time:** 1.00pm (50mins)  
**Ticket prices:** £10 PWYW  
**Venues box office:** 0131 226 0000  
**Fringe box office:** [www.edfringe.com](http://www.edfringe.com)  
Suitable for age 12+

**POET  
TESS**



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